IN THE FIGHT AGAINST CANCER

COME

# **WEST FIGHT) ON** BENEFITING WEST CANCER FOUNDATION **SATURDAY, SEPTEMBER 10, 2022** SHELBY FARMS PARK

**SPONSORED BY:** 



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# **WELCOME**

What started out as a small bike ride, West Fight On has now grown into a multi-sport celebration of the cancer-fighting spirit of our community. As the signature fundraiser for West Cancer Foundation, West Fight On has raised over \$3.5 million dollars for cancer research and patient services over the past **nine** years.

The success of this event would not be possible without YOU! Whether you are cycling, running, walking, sponsoring, volunteering, or simply donating, YOU are showing your commitment to our community.

### THANK YOU FOR COMING TOGETHER IN THE FIGHT AGAINST CANCER!



At West Cancer Foundation, we keep cancer patients at the center of everything we do. Whether it is providing supportive care to patients, funding the most promising research to find the treatments of tomorrow, or advocating for the health of our community, -- we are committed to helping those who need us most.

### SUPPORTING UNDERSERVED PATIENTS IN THE COMMUNITY & FUNDING THE **TREATMENTS OF TOMORROW**

Your support provides compassionate patient care in our underserved community every day by offering safe and reliable transportation for cancer patients. Through our breast screening program, women who qualify receive a mammogram at no cost to the patient. We also provide vouchers for lymphedema garments, post-mastectomy supplies and wigs for ladies undergoing treatment. Looking to the future, we provide grants to fund the brightest and most promising oncology physicians and researchers at University of Memphis and University of Tennessee Health Science Center.



SERVICES



TRANSPORTATION MAMMOGRAM **APPOINTMENTS** 



MEDICAL GARMENTS





COMMUNITY OUTREACH

# WEST FIGHT ON SCHEDULE OF EVENTS

- 5:30 a.m. Packet Pick Up
- 6:45 a.m. Cycle Opening Ceremony
- 6:55 a.m. 20 Mile / 5K Combo Starts
- 7:00 a.m. 60 Mile Ride
- 7:05 a.m. 40 Mile Ride
- 7:10 a.m. 20 Mile Ride
- 7:45 a.m. Warm Up with Orange Theory Lakeland **Crangetheory**
- 8:15 a.m. Run & Walk Opening Ceremony
- 8:30 a.m. 5K Run/Walk
- 8:45 a.m. One Mile Walk
- 9:30 a.m. 5K Awards & Top Fundraisers Awards Ceremony
- 10:00 a.m. Survivor-Fighter Ceremony

\*All cancer survivors to main stage for group photo and ceremony\*

### Music, food, vendors, kids' activities, and more will be available throughout the day!

All participants will receive a race bib. The bib contains your entries to the food and beverage trucks. Food provided by Good Groceries, Yippie Trippie, Raw Girls, and Prairie Farms. Tipsy Tumbler will serve mimosas and beer.

You must be 21 or older and show a valid driver's license to be served.



Genentec A Member of the Roche Group



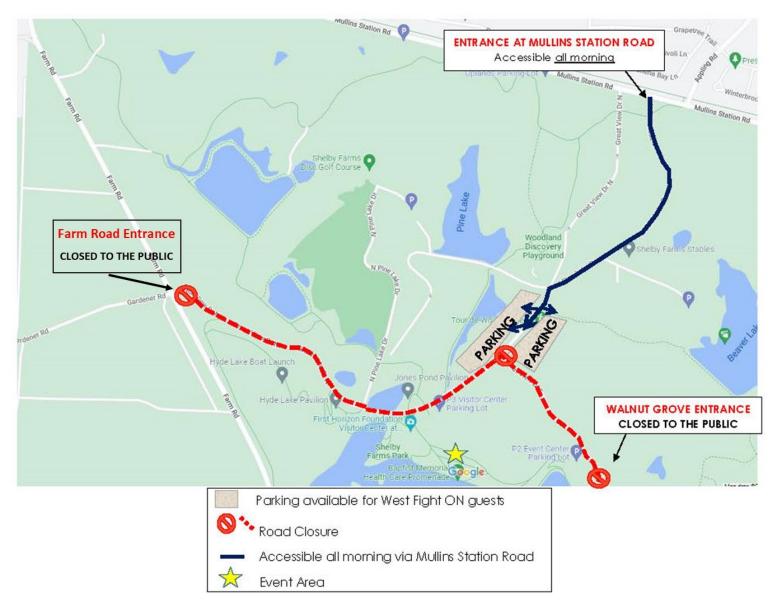




### SHELBY FARMS PARK ACCESS & PARKING

WEST FIGHT ON - PARTICIPANT ENTRANCE & PARKING

Saturday, September 10, 2022



All entrances to the park will be closed to the public EXCEPT for the MULLINS STATION ENTRANCE. Farm Road and Walnut Grove entrances will be CLOSED. Please allow extra time to enter, park, and walk to the event site. Event Center/Coastal Fish entrance also closed.

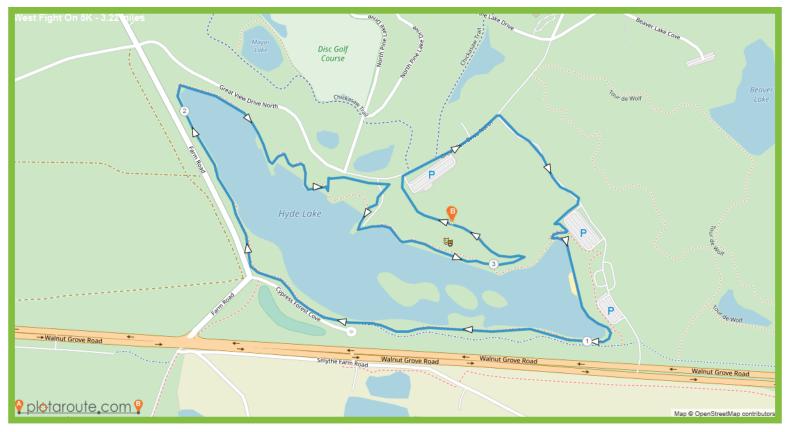
Some of the park roads will be closed for the event, and a route you may be familiar with may not be accessible that morning, so please ensure that you allow at least 45 minutes before the start of your race in order to navigate through the park to the parking areas. Staff and volunteers will be on hand to direct you, along with signage. We are thankful to have the assistance of Shelby Farms Park staff and Southern Valet to assist us with parking and traffic for the day, and your patience and cooperation is appreciated.

### PACKET PICKUP IS SCHEDULED FOR:

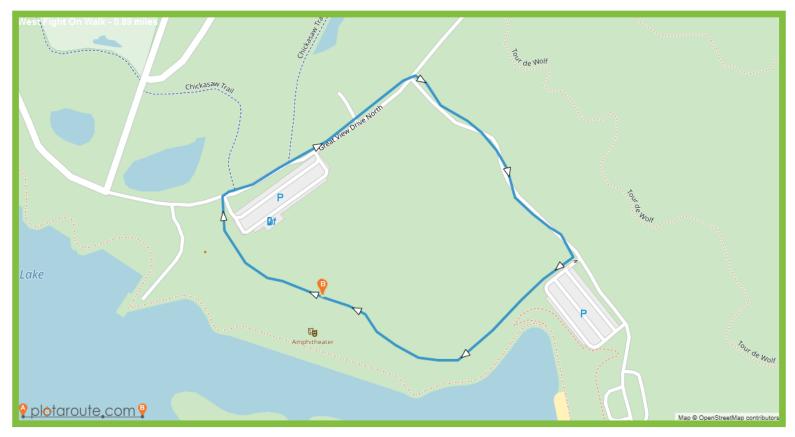


**FLEET Friday, Sept 9th, 12 p.m.** – 6 p.m. Laurelwood Shopping Center 4530 Poplar Avenue, Suite 102

# **5K RUN** ROUTE

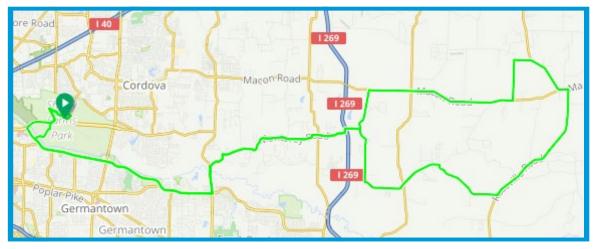


# **1 MILE WALK** ROUTE



# **60 MILE CYCLE MAP**

More details: <u>https://ridewithgps.com/routes/40611241</u>

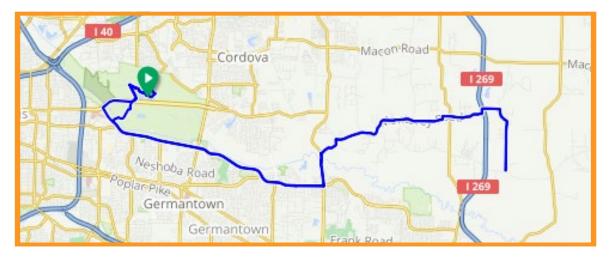


- Left onto Great View Dr E
- Left onto Great View Dr N
- Left onto Farm Rd
- Right onto Walnut Grove Rd
- Slight Right to Exit Ramp
- Left onto Humphreys Blvd
- Straight Wolf River Blvd changes names to Humphreys Blvd
- Left onto Houston Levee Rd
- Right onto Houston Hill Rd
- Right onto Raleigh Lagrange Rd E
- Slight Left onto Monterey Rd
- ALL CYCLISTS MUST MAKE THE LEFT HAND TURN AT FISHERVILLE RD BEFORE 8:30AM TO REMAIN ON PACE.
  IF YOU ARRIVE AFTER 8:30AM YOU WILL BE DIRECTED TO TURN RIGHT AND JOIN THE 40 MILE ROUTE.
- Left onto Fisherville Rd
- SAG Stop on Left across from Herb Parsons Entrance
- Right onto Macon Rd
- Left onto Payne Rd
- Right onto Clay Pond Dr
- Right onto Oakland Rd
- Left onto Macon Dr
- Right onto TN-194 S / Rossville Rd.
- Straight to stay on Rossville Rd

- Slight left to stay on Rossville Rd
- Right onto Raleigh Lagrange Dr
- Slight Left to stay on Raleigh Lagrange Dr
- Right onto Fisherville Rd
- SAG Stop enter Kirks Christian Church from Fisherville Rd
- Left onto Monterey Rd
- Straight Monterey Rd changes to Raleigh Lagrange Rd E
- Left onto Houston Hill Rd
- Left onto S Houston Levee Rd
- Right onto Wolf River Blvd
- SAG Stop at Houston Middle School
- Straight Wolf River Blvd changes names to Humphreys Blvd
- Right into Wolf River Greenway Humphrey Center Trailhead
- Right onto Wolf River Greenway
- Right towards Million Dollar Bridge and Shelby Farms Park
- Straight to cross Walnut Grove Rd into Shelby Farms Park. MUST FOLLOW TRAFFIC SIGNAL!
- Continue onto Greenline Bike Path
- Left onto Greenline Bike Path
- Stay on Bike Path
- Right on path in front of Visitor Center
- LEFT TO FINISH LINE

# **40 MILE CYCLE MAP**

More details: https://ridewithgps.com/routes/40618482



- Left onto Great View Dr E
- Left onto Great View Dr N
- Left onto Farm Rd
- Right onto Walnut Grove Rd
- Slight Right to Exit Ramp
- Left onto Humphreys Blvd
- Straight Wolf River Blvd changes names to Humphreys Blvd
- Left onto Houston Levee Rd
- Right onto Houston Hill Rd
- Right onto Raleigh Lagrange Rd E
- Slight Left onto Monterey Rd
- Turn right onto Fisherville Rd
- SAG Stop at Kirks Christian Church
- Turn Around at SAG Stop Kirks Christian Church
- Left onto Monterey Rd
- Straight Monterey Rd changes to Raleigh Lagrange Rd E
- Left onto Houston Hill Rd
- Left onto S Houston Levee Rd

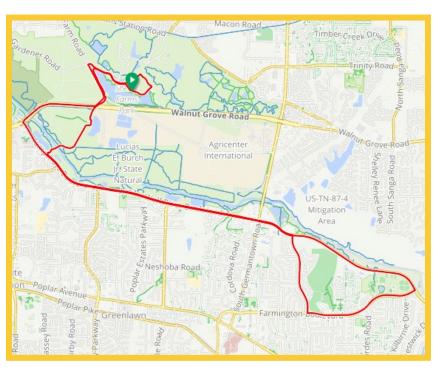
- Right onto Wolf River Blvd
- SAG Stop at Houston Middle School
- Right towards Million Dollar Bridge Straight Wolf River Blvd changes names to Humphreys Blvd
- Right into Wolf River Greenway Humphrey Center Trailhead
- Right onto Wolf River Greenway and Shelby Farms Park
- Straight to cross Walnut Grove Rd into Shelby Farms Park. MUST FOLLOW TRAFFIC SIGNAL!
- Continue onto Greenline Bike Path
- Left onto Greenline Bike Path
- Stay on Bike Path
- Right on path in front of Visitor Center
- LEFT TO FINISH LINE

# **20 MILE CYCLE MAP**

More details: https://ridewithgps.com/routes/40618313

- Left onto Great View Dr E
- Left onto Great View Dr N
- Left onto Farm Rd
- Right onto Walnut Grove Rd
- Slight Right to Exit Ramp
- Left onto Humphreys Blvd
- Straight Wolf Rive Blvd changes names to Humphreys Blvd
- Right onto Farmington Blvd
- Right onto Kimbrough Rd
- Left onto Wolf River Blvd
- Continue onto Humphreys Blvd
- Right onto Wolf River Greenway Humphrey Center Trailhead
- Right onto Wolf River Greenway
- Right towards Million Dollar bridge and Shelby Farms Park
- Straight to cross Walnut Grove Rd into Shelby Farms Park. MUST FOLLOW TRAFFIC SIGNAL!
- Continue onto Greenline Bike Path
- Left onto Greenline Bike Path
- Stay on Bike Path
- Right on path in front of Visitor Center
- LEFT TO FINISH LINE





# SAG STOPS

# SAG 1

### HOUSTON MIDDLE SCHOOL

9400 Wolf River Blvd, Germantown, TN 38139 Opens 7 a.m. Closes 12:30 p.m. 40 AND 62 MILE ROUTES

### SAG 2

### LOT ACROSS FROM HERB PARSONS LAKE

1150 Fisherville Road, Collierville, TN 38017 Opens 7:30 a.m. Closes 12 p.m. 60 MILE ROUTE

## SAG 3

### KIRKS CHRISTIAN CHURCH 6050 Raleigh LaGrange Dr. Collierville, TN 38017 Opens 7:30 a.m. Closes 12 p.m. 40 AND 62 MILE ROUTE





# Taking care of people is at the *heart* of everything we do.

Sedgwick is a leading provider of technology-enabled risk, benefits and integrated business solutions. Each year, millions of people and organizations count on us when something unexpected happens. We are proud to extend this legacy of caring through our support of the West Cancer Foundation.

We honor the many brave survivors among our colleagues, clients and partners, we stand with those still challenging cancer and we pay tribute to those who are no longer able to fight on.

At Sedgwick, caring counts.

LEARN MORE

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# Highland Capital

Highland takes pride that our clients have the confidence and trust in our investment process and services which has enabled us to serve them for over thirty years. At Highland Capital, client relationships are highly personal, valued, and service oriented.

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Highland Capital has always been and will always be a proud supporter of the WEST CANCER CENTER WEST CANCER



Highland Capital Management, LLC 850 Ridge Lake Blvd Suite 205 Memphis, TN 38120

(901).761.9500

www.highlandcap.com

# CANCER SAYS YOU CAN'T.

SAYS

You can live your life on your terms, be there for your family, and even finish that marathon. You can work with the region's best oncology specialists and access the latest, most cutting-edge treatments. You can get all the care you need, right here in one place.

When cancer says you can't, West Cancer says we can!



WEST CANCER CENTER & RESEARCH INSTITUTE

901.683.0055 | westcancercenter.com



# We fight on together.

Lipscomb & Pitts Insurance is proud to sponsor the West Cancer Foundation where they are helping cancer patients today and funding the treatments of tomorrow.

lpinsurance.com | 901.321.1000 | @lpinsurance



### **Fighting On**

Saint Francis Healthcare is proud to support West Cancer Foundation in its mission to fight cancer through research, education and treatment.

Congratulations to all of this year's Fight On participants.

To learn more about oncology services at Saint Francis, visit **SaintFrancisHosp.com** and **SaintFrancisBartlett.com**.



A COMMUNITY BUILT ON CARE

### THIS IS LIVING WITH CANCER

This Is Living With Cancer<sup>™</sup> is a program for people living with cancer and those who love them. We provide support and resources for all, with a growing focus on underserved communities who may experience challenges in access to care.

### **GET IT DONE**

### Cancer screenings and follow-ups can't wait

Find tools to help guide conversations with your doctor.

### AS WE AGE

### Resources for adults 65+ and their loved ones

Discover how to become your best advocate.

### LIVE WELL

#### Nutrition and wellness tips

Learn about healthy living and find resources to help you manage your mental health.

### THIS IS FOR YOU

### Support designed with you in mind

Develop skills to help you cope with challenges.

Find tools to help live life beyond your diagnosis at



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ThisIsLivingWithCancer.com



Your trusted partner in strengthening cancer care

joined the fight



To every heroic warrior in the battle to defeat cancer, we individually and collectively commit our support. Fight on!



FIRST HORIZON.

Proudly supporting West Fight On



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# The power of science to **personalize your fight.**

### Because every person is unique and every cancer is unique

Understanding the biology causing cancer to grow is essential to selecting a successful treatment.

At Caris, we are harnessing the power of molecular science and AI to revolutionize cancer care, with a simple but powerful purpose – to help cancer patients live longer.

### To learn more about your cancer and how Caris Molecular Profiling can help you, visit CarisCares.com



Using the camera on your smartphone, center the QR code in the frame, then tap the popup window or follow the instructions on screen to visit the Caris website.



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Visit our newest subdivisions, Madeline Farms in Piperton & Wilson Lake in Arlington

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PathForwardIT.com



Pleased to support West Cancer Foundation



YOU COULD BE

FOR A

A PATIENT

### EVERY 3 MINUTES SOMEONE IS DIAGNOSED WITH BLOOD CANCER. YOU COULD BE THEIR ONLY CURE.

Join the Be The Match Registry<sup>®</sup> today

Please visit our tent in CELEBRATION VILLAGE for more information.

# **EXAMPLE 10, 2022**

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SHELBY FARMS PARK

